What is PSHE?

PSHE stands for Personal, Social and Health Education. What on earth does that mean? Well, PSHE will teach you about how to look after yourself while keeping safe. After all, there's no point making the effort in the other areas of your education without making an effort to keep yourself happy and healthy!

How do we treat each other with respect?





LO: To understand how people's behaviour affects themselves and others, including online.

What do we mean by 'behaviour' which might affect another person? It may be:

To act in a particular way

To conduct yourself well

To show good manners

To work well

Can you think of some examples of appropriate / inappropriate behaviour from characters in books/films?

Complete the quiz on Cyber Bullying:

https://www.educationquizzes.com/ks2/personal-social-and-health-education/cyber-bullying/


Holding open a door for someone
Inviting someone to join in your game
Sharing with others
Helping someone with their school work
Appropriate behaviour
Waiting your turn patiently
Thanking someone who has helped you
Helping someone who is lost find their way
Paying someone a compliment

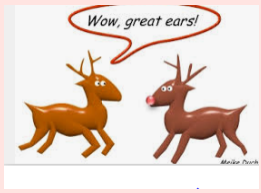

Leaving someone out of a game on purpose
Ignoring someone on purpose
Criticising someone's family
Tripping someone up
Inappropriate behaviour
Laughing at someone unkindly
Spreading rumours about someone
Teasing someone
Making comments about someone's appearance

Look at the examples of inappropriate and appropriate behaviour.









How do the statements make you feel? What action would you take? Can you think of any of your own?