Dear parents/carers

Transitioning from primary to secondary school is a particularly significant change for children. Learning about change and how to cope with it will help them with this transition and prepare them for many other changes and challenges they will face in life.

I have gathered some useful resources and websites below to support your family in preparing for high school.

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<tr>
<td>Bitesize provide video advice for parents who have a child starting secondary school this year, with tips on the emotional and practical sides of the transition.

https://www.bbc.co.uk/bitesize/groups/c5vpkq1l934t</td>
<td>Young minds – Top ten tips for Parent to support children coping with change.

https://www.youngminds.org.uk/media/2odjlktz/top-ten-tips-for-parents.pdf</td>
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<td>Young minds - Talk about starting secondary school with your child.

https://www.youngminds.org.uk/parent/blog/helping-your-child-manage-the-move-from-primary-to-secondary-school/?scrlybrkr=4dfbaaf7</td>
<td>Young minds – Watch our webinar about how you can support your child through the change from primary to secondary school.

Find Your Feet - Parent session - YouTube</td>
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<td colspan="2">This short specialist course is for parents, relatives or friends of children who have additional needs. It is designed to support both you and them as they transition into secondary school.

https://inourplace.heiapply.com/online-learning/course/128</td>
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Throughout the Summer term, we will be completing activities to support our children with the transition to high school.

If you would like anymore advice, please contact your child's class teacher.

Many thanks,

Miss Jordan

SENDCO.