CLAYTON ST JOHN
C of E PRIMARY SCHOOL

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WHOLE SCHOOL FOOD POLICY

Ratified by Governors:	15 October 2024	Signed Headteacher: Mrs G Emsley Full Governing Body
Next Review Date:	Autumn 2027	

'Growing together in God's Love'

A member of the bdat family

Safeguarding Statement of Intent

At Clayton St John CofE Primary we respect and value all children and are committed to providing a caring, friendly and safe environment for all our pupils so they can learn, in a relaxed and secure atmosphere. We believe every pupil should be able to participate in all school activities in an enjoyable and safe environment and be protected from harm. This is the responsibility of every adult employed by, or invited to deliver services at Clayton St John CofE. We recognise our responsibility to safeguard all who access the school and promote the welfare of all our pupils by protecting them from physical, sexual or emotional abuse, neglect and bullying. We also work to ensure that our pupils are aware of Online Safety and who to talk to if they feel vulnerable or scared.

Vision Statement

'Growing together in God's Love'

Rooted deeply in God's love, we flourish as individuals and as a community.
Within a nurturing environment, we develop curiosity, creativity and a love of learning.
We learn and grow when things go well and things go wrong. In all we do we hope to be the best we can be.

Ephesians 3 v 16 and Jeremiah 17 v 7 & 8

Statement of Intent

At Clayton St John CofE Primary we strive to ensure that our pupils are safeguarded against any form of harm. We ensure that our staff are trained appropriately, can identify signs of abuse and follow policy and procedures for reporting concerns, disclosures and allegations.

Our Vision

At Clayton St John CofE Primary we pride ourselves on developing a positive ethos built on the foundations of the Christian faith. This ethos is based on the following Values and principles that, as stakeholders, we all aim to uphold:

RESPECT

R: Resilience - To take risks and be confident to have a go and not give up when mistakes are made.

E: Encouragement - We are motivated by our family, friends and teachers and rejoice in God's love.

S: Security - The love, care and responsibility we are given make us feel safe at school.

P: Pride - Achieving individual goals and successes to be the best we can be.

E: Empathy - The ability to understand and share the feelings of others.

C: Collaboration - Working together we respect our differences and listen to each other.

T: Trust - With faith in God's love and each other, we can live the life we want to live.

Introduction

This policy has been written to form a framework for Clayton St John CofE Primary School to develop and maintain a shared philosophy on all aspects of food and drink within the school including wrap around care club.

Its key aim is to establish and extend healthy eating and drinking behaviours in school that will benefit all involved with school life. This will include children, staff, parents, the catering team and others within the community.

This policy and any future amendments to the policy will be communicated clearly and consistently to all stakeholders following the Guidance from DfE in *School food standards practical guide*.

Aims

To ensure that all members of the school are aware of what constitutes a 'healthy, balanced diet' and how this influences a child's ability to learn and behave in school.

Objectives

- Through effective leadership, school ethos and curriculum, we encourage all in our community to support a healthy lifestyle.
- To provide children with access to safe, tasty and nutritious food every lunchtime.
- To provide a variety of healthy option choices for food available in school.
- To ensure that food provision in school reflects the medical and ethical requirements of staff, children and visitors to the school.
- Consider vegetarian, medical, allergenic, religious and ethnic needs as appropriate.
- To provide a welcoming eating environment that encourages positive interaction between children and adults in the school.
- To encourage children to share the experience of eating food together and enjoy the social aspect of sharing food.
- To provide training in food preparation for staff, including diet, nutrition and food safety
- To encourage the drinking of water.

Water

The school will encourage children to drink water:

- Providing an easily accessible water supply during the day in each classroom via mains tap water.
- Allowing children to drink water during lesson time.
- Actively discouraging the consumption of fizzy drinks and drinks high in sugar and e-numbers.

Foundation Stage

- Children within Nursery are encouraged to drink water at snack time. Water is available throughout the session.
- Children within Reception Class are encouraged to bring a water bottle to school.

KS1

- Children in KS1 are encouraged to bring a water bottle to school every day. Children will be allowed to re-fill the bottle at designated times.

KS2

- Children in KS2 will be encouraged to bring a water bottle to school every day. The responsibility of refilling the bottles will be given to the children. To be managed at sensible and appropriate times. Classroom monitors will be appointed.

Settings for the Food Policy

In accordance with the aims and objectives of this policy the following settings will apply to the food policy in school.

Dining Area

The dining area is a designated area for food. The environment is attractive, bright and clean.

No fizzy drinks or chocolate/sweets/nuts will be allowed at lunchtime.

The school will aim to provide a calm, ordered environment conducive to mutual respect and good behaviour at all times.

It will:

- Provide help for children who find the physical process of school dinners and packed lunches difficult. Lunchtime supervision for support.
- Encourage all children to eat food provided.
- Provide equal treatment of children having school meals and packed lunches, in terms of provision and supervision.
- Provision of water and clean cups at all times.
- Encourage children to clear away after lunch.

Break – (snack)

- Children in Foundation stage and KS1 will be provided with free fruit.

Treats

- If children bring into school sweets/treats for their birthday, these will be given out at the end of the day - School will be mindful of gelatine and nuts.
- Rewards in school in the form of food will be given in moderation and will be healthy where appropriate.

Lunch

All menus are prepared on site and are checked in accordance with the national government guidelines for healthy eating in schools. All weekly menus are on the school website and displayed in school.

Food in the Curriculum

The significance and importance of food means it can be developed in the curriculum. Schemes of work from various curriculum areas will enrich children's understanding of the importance of healthy eating and reflect the school's emphasis of healthy lifestyles.

Curriculum content will cover:

Foundation Stage

- Children will be provided with healthy food at snack times.
- Children will be involved in the preparing, making and cooking of foods.
- Children will learn about healthy / non-healthy foods.

KS1 & KS2

- Children will cover a range of topics in the curriculum. Within some of these topics areas of food will be covered. When learning about food some topics may include the preparation, cooking and eating of differing types of food. Where food is not of a healthy nature it will be provided in moderation.

Hygiene

- Food hygiene rules are followed throughout the school.

Partnerships

- The partnership between home and school is vitally important in shaping the eating habits of young people; each must reinforce the efforts of the other
- Parents/Carers will be regularly updated on the Food Policy through newsletters and the school website and be consulted on a regular basis.

To be reviewed every three years