DT

Starter- Can you remember the five different food groups?



Last lesson we learnt about the five different food groups.

Today we are going to describe different foods using our senses.


What is your favourite type of sandwich?
Discuss your ideas with a partner.


Have a look at these sandwiches. Do you know what each one is? Do they look appealing? Which would you most and least like to eat and why?

Now we are going to try different types of bread. Do you know what these are called?






	Appearance	texture	Taste
Brown bread	brown	soft	delicious
White bread			
wrap			
Seeded bread			

Which bread did you like the best?

I liked the _____ the best because ____

	Appearance	Texture	Taste
cheese			
cucumber			
Tomatoes			
chicken			
lettuce			
Ham			

In my sandwich I am going to use...