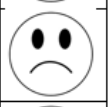
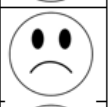
PSHE



LO: To complete an end of unit assessment.

What have we learned so far this half term?

Name: _____ Date: _____

Objective			
I know how to eat a healthy diet.			
I understand what it means if a food is nutritionally rich.			
I understand how to keep my teeth healthy.			
I understand why it is important to maintain a healthy diet.			
I understand what influences people's choices about healthy eating.			
I know how, when and where to ask for advice and help about healthy eating and dental care			