PSHE



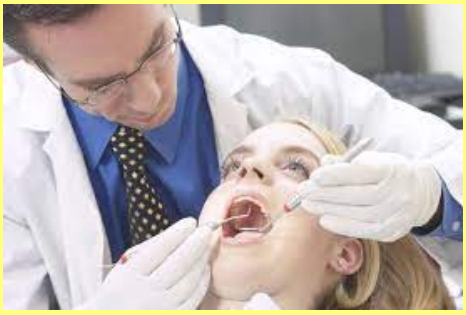
LO: To know how, when, and who to ask for advice and help about healthy eating and dental care.

What do I do if I am unsure about what is healthy and what isn't? Who can I talk to?






EUROPE





Write a short paragraph explaining who I can talk to if I am unsure how to eat a healthy and balanced diet.