

First Aid

Burns and Scalds



St John
Ambulance



Quick Recap

Let's see what you have learned so far. Can you answer these questions?

What does DR ABC stand for?

D is for danger.

A is for airway.

R is for response.

B is for breathing.

C is for circulation.

Quick Recap

Let's see what you have learned so far. Can you answer these questions?

What is the difference between a **cut** and a **graze**?

A **cut** is when the skin is fully broken but a **graze** is when only the top layers of skin have been scraped off.

What is your main focus when a casualty is bleeding severely?

Your main focus should be to **stop the bleeding** as quickly as possible and ensure **emergency help** is on it's way.

Introduction to Burns and Scalds

In this lesson, we are going to learn about what to do if a casualty is **burnt** or **scalded**.

Have you ever had a burn or scald injury?

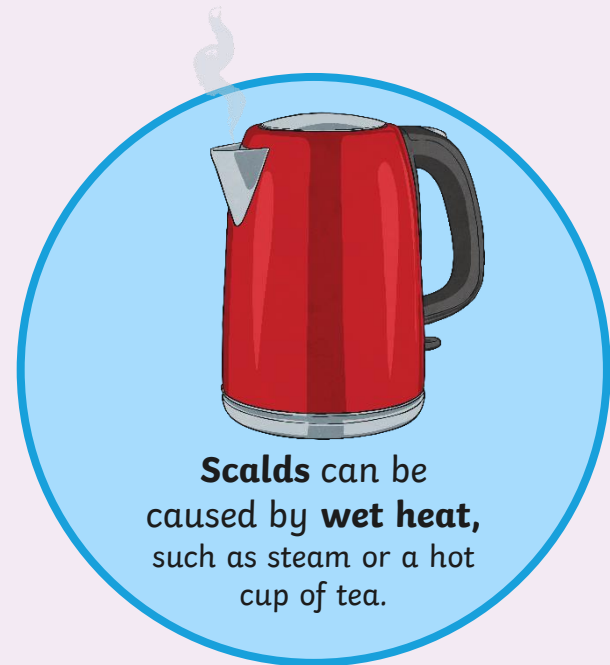
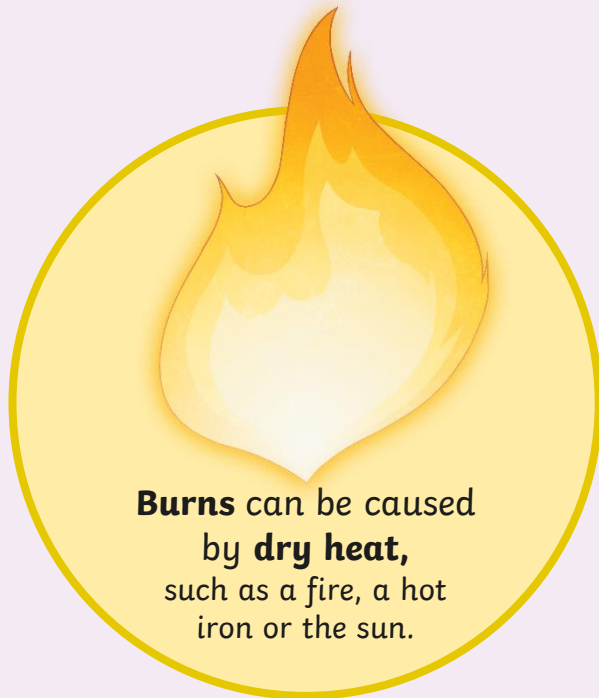
How did you hurt yourself?

What did you (or the first aider) do to treat it?



Is It a Burn or a Scald?

The injury may look the same but there is a key difference between a **burn** and a **scald**.



Quick Quiz

Read the scenario. In this case, do you think the casualty has a **burn** or a **scald**?

Greg was toasting marshmallows on a campfire. He accidentally got too close to the flames and his sleeve caught fire

Quick Quiz

Read the scenario. In this case, do you think the casualty has a **burn** or a **scald**?

Gary was pouring himself a cup of coffee when his dog jumped up at him. Gary spilled water from the kettle down the front of his shirt.

Quick Quiz

Read the scenario. In this case, do you think the casualty has a **burn** or a **scald**?

While on holiday in Spain, the temperature reached 32°C but Joe thought he'd be OK without sun cream. Joe was in the sun for hours and his skin began to blister.

Quick Quiz

Read the scenario. In this case, do you think the casualty has a **burn** or a **scald**?

Lee was preparing an evening meal. As he drained the boiling water from the potatoes, he spilled it on his arm.

Quick Quiz

Read the scenario. In this case, do you think the casualty has a **burn** or a **scald**?

On Bonfire Night, Emmy wasn't wearing gloves. She picked up the sparkler by the wrong end and accidentally touched the hot metal.

How to Spot a Burn or Scald

If someone has a burn or scald, you might see that they have:

- red skin;
- swelling;
- pain in the area of the burn;
- blistering.

The longer the burning goes on, the more **severe** the injury will be.



Treating a Casualty

The treatment you give the casualty depends on the severity of their burn or scald. Click on each type of burn to find out what to do.



Burns and Scalds: Watch the Professionals

Click the logo below to watch Gemma from St John Ambulance explain how to help a casualty who has a burn or scald.



<https://www.sja.org.uk/get-advice/first-aid-advice/effects-of-heat-and-cold/burns-and-scalds/>

Teacher Note: Please do not let the next video automatically play at the end of the clip. Please check the content in this link, including any comments, is suitable for your educational environment before showing.

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Activity: Helping Others

There are lots of places in your home or school where people could be burnt or scalded if they are not careful.

Design an eye-catching poster to display in these areas which tells others what to do if they burn or scald themselves.

You can choose to make your poster about minor or severe burns but remember to include all of the key information for whichever type you choose.



Recap

You now know about **DR ABC** and the importance of keeping yourself safe. Checking for danger is always the first thing you should do.

You know how to do the **Primary Survey** to check a casualty's **responsiveness, airway, breathing** and **circulation**.

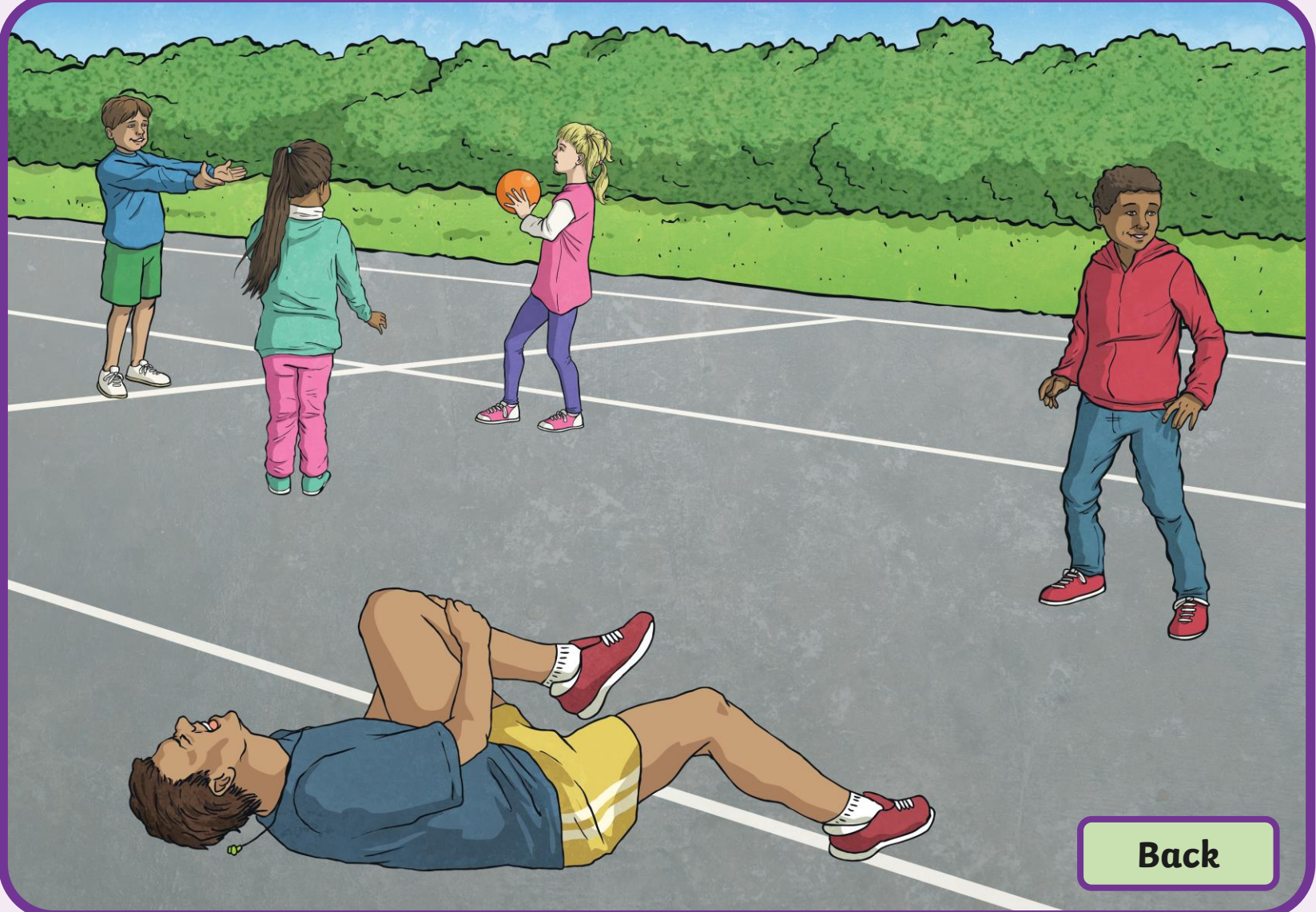
You know how to treat minor and severe **bleeding**.

You know how to treat minor and severe **burns** and **scalds**.

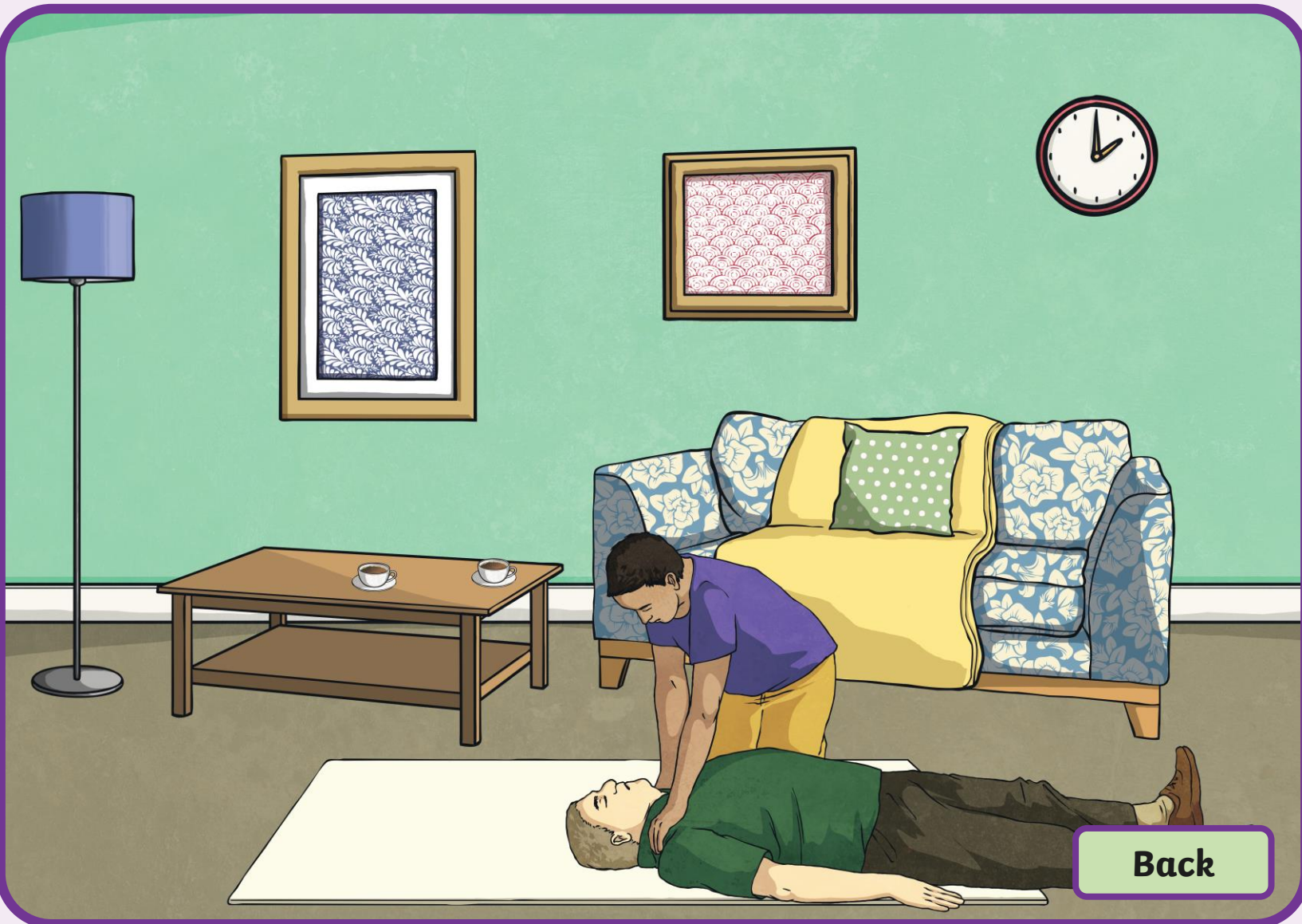
Do you feel like you now know the first-aid skills you need to help in these situations?



(Click to enlarge the picture.)



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