LO: To be able to evaluate the way we say things in order to be kind

Recap

How can you show your support publicly to someone online?

How can you show your support privately?

LO: To understand there is a difference between supporting people publicly and privately.

Now, not everybody feels comfortable standing up for others publicly, whether online or in the school lunchroom. If you do, go for it! You can...

- Call out the mean behavior (not the person), saying it's not cool.
- Say something nice about the target in a post or comment.
- Get friends to compliment the target online, too.
- Offline, you can invite the person to hang out with you on the playground or sit with you at lunch.

Recap

LO: To understand there is a difference between supporting people publicly and privately.

If you don't feel comfortable helping out publicly, that's fine. You can also support the target privately. You can...

- Ask how they're doing in a text or direct message.
- Say something kind or complimentary in an anonymous post, comment, or direct message (if you're using media that lets you stay anonymous).
- Tell them you're there for them if they want to talk after school.
- In a quiet conversation in person or on the phone, tell them you thought the mean behavior was wrong and ask if they feel like talking about what happened.

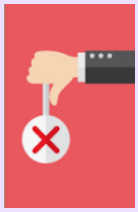
Recap

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Online you can be exposed to a range of contents. Some of this content can have negative messages that promote bad behaviour.

Discuss with your partner and be ready to share:

Have you (or anyone you know) seen someone be negative on the web? How did that make you feel?



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Discuss with your partner and be ready to share:

Have you (or anyone you know) ever experienced a random act of kindness on the web?

How did it make you feel?





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Discuss with your partner and be ready to share:

What simple actions can we take to turn negative interactions into positive ones?

We can respond to negative emotions in constructive ways by rephrasing or reframing unfriendly comments and becoming more aware of tone in our online communication.

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I do

Read the comment and answer:

1. How could you have made the same or similar points in more positive and constructive ways?
2. If one of your classmates made comments like these, how could you respond in a way that would make the conversation more positive?

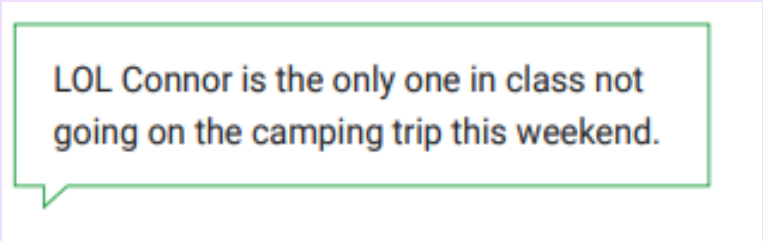


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we do

Read the comment and answer:

1. How could you have made the same or similar points in more positive and constructive ways?
2. If one of your classmates made comments like these, how could you respond in a way that would make the conversation more positive?



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you do

Read the comments and answer:

1. How could you have made the same or similar points in more positive and constructive ways?
2. If one of your classmates made comments like these, how could you respond in a way that would make the conversation more positive?

Sorry I don't think you can come to my party. It'll cost too much money.

This makes me cringe – who told her she can sing??

No offense but your handwriting is embarrassing so you should probably switch groups for this project.

You can only join our group if you give me the login to your account.

👎👎👎

Am I the only one who thinks Shanna looks kinda like a Smurf?

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Let's review our answers...

1. How could you have made the same or similar points in more positive and constructive ways?
2. If one of your classmates made comments like these, how could you respond in a way that would make the conversation more positive?

REMEMBER:

Reacting to something negative with something positive can lead to a more fun and interesting conversation - which is a lot better than working to clean up a mess created by an unkind comment.